

I went to see Marianne Sandberg twice during her training for Havening treatment. I have very severe PTSD and am completely disconnected from my body.

Marianne is really good to talk to and is genuinely empathetic and compassionate. She helped me get my stress levels to some degree down with the Havening technique. But my situation is very complex, so Marianne has received good, thorough guidance about my condition during her professional training.

Because of my complexity, she has now recommended that I find a more experienced therapist. It shows that she knows what she can and cannot do, and has the skills to help people.

She is really good at coaching and advising on other things in your situation, so you get a TOTAL overview over your situation as a whole.

Marianne helped me deal with important things, so I have really got started. She took her time with me, with our long consultations. Being treated by Marianne has been a good experience. She can be recommended.

She is a skilled therapist.

Cassandra Søndergaard